

## **John Barlow Reid III, M.D.**

Taos Orthopaedic Institute

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### **Positions**

Director of Sports Medicine Services, Taos Orthopaedic Institute and Research Foundation, Taos, NM

Director, Sports Medicine Fellowship, Taos Orthopaedic Institute and Research Foundation, Taos, NM

Director, Taos Orthopaedic Institute Research Foundation, Taos, NM

Clinical Assistant Professor, Department of Orthopaedic Surgery, University of New Mexico, Albuquerque, NM

Physician, US Ski and Snowboard Team, Park City, UT

Head Team Physician, New Mexico Highlands University, Las Vegas, NM

Orthopaedic Alpine Sports Medicine Consultant, Taos Ski Patrol, Taos Ski Academy, Taos Ski Team, Red River Ski Patrol, and Angel Fire Ski Patrol.

Past Chairman Department of Surgery and Anesthesia, Holy Cross Hospital, Taos, NM 2007-2010

Co-Chairman Department of Surgery and Anesthesia, Holy Cross Hospital, Taos, NM 2010-Present

### **Training**

2003-2004: Taos Orthopaedic Institute Taos, NM  
Orthopaedic Sports Medicine Fellowship

2002-2003: Oregon Health Sciences University Portland, OR  
Orthopaedic Surgery Chief Resident

1999-2002: Oregon Health Sciences University Portland, OR  
Orthopaedic Surgery Residency

1998-1999: Oregon Health Sciences University Portland, OR  
General Surgery Internship

## **Education**

1994-1998: Oregon Health Sciences University Portland, OR  
Doctor of Medicine; *Cum Laude*;  
*Alpha Omega Alpha*; Sloat Scholarship

1989-1991: American University Washington, DC  
Post Baccalaureate Pre-Medical Study

1983-1987: University of Delaware Newark, DE  
BA

## **Awards**

American Society of Biomechanics Microstrain Award: *Depth-Dependent Relaxation of Articular Cartilage in Unconfined Compression*. 27<sup>th</sup> Annual Meeting of American Society of Biomechanics, Toledo, OH (September, 2003)

Rodney K. Beals Resident Research Award: *Characteristic Strain Patterns across Patellofemoral Articular Cartilage*. Beals Lecture, Portland, OR (May, 2003)

Frank B. Smith Memorial Resident Research Award: *Alpine Sports Injuries: A Comparison of Injury Pattern and Fracture Risk of Downhill Skiers and Snowboarders*. North Pacific Orthopaedic Society Annual Meeting, Portland, OR (August, 2002)

Gerlinger Research Award: *Biomechanical Evaluation of Anatomic Bankart Repair* (September, 2001)

Alpha Omega Alpha Medical Honor Society: Oregon Health Sciences University (August, 1997)

## **Course Faculty**

Arthrex Omaha Roadshow, Omaha, NE (June, 2018)

Arthrex Sports Medicine Fellowship Forum, Naples, FL (May, 2018)

Arthrex West Coast Sports Medicine OTIF (April, 2018)

Arthrex Sports Medicine Fellowship Forum, Naples, FL (June, 2017)

Arthrex Sports Medicine Fellowship Forum, Naples, FL (June, 2016)

Arthrex Vail Masters Knee Course, Vail, CO (September, 2015)

Arthrex Omaha Roadshow, Omaha, NE (June, 2015)

Arthrex Sports Medicine Fellowship Forum, Naples, FL (June, 2015)

Arthrex Vail Masters Knee Course, Vail, CO (March, 2015)

Anterior Cruciate Ligament Reconstruction, Arthrex Course, Vail, CO (January, 2013)

Taos Orthopaedic Institute Primary Care Sports Medicine Course, Santa Fe, NM (May 2007)

Taos Orthopaedic Institute Primary Care Sports Medicine Course, Santa Fe, NM (May, 2006)

Minimally Invasive Surgery Course Faculty, Scottsdale, AZ (November, 2004)

### **Hospital Committees**

Surgery Subcommittee Committee, Holy Cross Hospital, Taos, NM

### **Professional Organizations**

American Academy of Orthopaedic Surgeons

Arthroscopy Association of North America

### **Licensure**

2003-present: New Mexico #: 2003-0129

### **Publications**

Harnden, E; Lin, T; Wilson, A; Reid, JB 3<sup>rd</sup>: Technique for Transtibial Knotless Repair of Lateral Meniscus Root Avulsion. *Arthrosc Tech* 6(3): e845-e851, 2017

Schillhammer, CK; Reid, JB 3<sup>rd</sup>; Rister, J; Jani, SS; Marvil, SC; Chen, AW; Anderson, CG; D'Agostino, S; Lubowitz, JH: Arthroscopy Up to Date: Anterior Cruciate Ligament Anatomy. *Arthroscopy*: 32(1): 209-12, 2016

Robin, BN; Jani, SS; Marvil, SC; Reid, JB 3<sup>rd</sup>; Schillhammer, CK; Lubowitz, JH: Advantages and Disadvantages of Transtibial, Anteromedial Portal, and Outside-In Femoral Tunnel Drilling in Single Bundle Anterior Cruciate Ligament Reconstruction: A Systematic Review. *Arthroscopy*: 31(7): 1412-7, 2015.

Gilmer, BB; Demers, AM; Guerrero, D; Reid, JB 3<sup>rd</sup>; Lubowitz, JH; and Guttmann, D: Arthroscopic versus Open Comparison of Long Head of Biceps Tendon Visualization and Pathology in Patients Requiring Tenodesis. *Arthroscopy*: 31(1): 29-34, 2015

Reid, JB 3<sup>rd</sup>: Shoulder Instability: Alternative Surgical Techniques: A Book Review. *Arthroscopy*: 28(12): 1908, 2012.

Reid, JB 3<sup>rd</sup>: Complications in Knee and Shoulder Surgery: Management and Treatment Options for the Sports Medicine Orthopedist: A Book Review. *Arthroscopy*: 26(2): 291, 2010.

Lubowitz, JH; Bernardini, BJ; and Reid, JB 3<sup>rd</sup>: Current Concepts Review: Comprehensive Physical Examination for Instability of the Knee. *Am J Sports Med*: 36(3): 577-94, 2008.

Centeno, JM; Woolf, SK; Reid, JB 3<sup>rd</sup>; and Lubowitz, JH: Do Anterior Cruciate Ligament Allograft Culture Results Correlate with Clinical Infections? *Arthroscopy*: 23(10): 1100-3, 2007.

Lubowitz, JH; Applby, D; Centeno, JM; Woolf, SK; and Reid, JB 3<sup>rd</sup>: The Relationship Between the Outcome of Studies of Autologous Chondrocyte Implantation and the Presence of Commercial Funding. *Am J Sports Med*: 35(11): 1809-16, 2007.

Woolf, SK; Guttmann, D; Karch, MM; Graham, RD 2<sup>nd</sup>; Reid, JB 3<sup>rd</sup>; and Lubowitz, JH: The Superior-Medial Arthroscopy Portal is Safe. *Arthroscopy*: 23(3): 247-50, 2007

Lubowitz, JH; Verdonk, PC; Reid, JB 3<sup>rd</sup>; and Verdonk, R: Meniscus Allograft Transplantation-A Current Concepts Review. *Knee Surg Sports Traumatol Arthrosc*. 2007

Lubowitz, JH; Vance, KJ; Guttman, D; and Reid, JB 3<sup>rd</sup>: Interference Screw Technique for Arthroscopic Reduction and Internal Fixation of Compression Fractures of the Tibial Plateau. Arthroscopy: 22(12): 1359, 2006.

Erne, OK; Reid, JB; Ehmke, LW; Sommers, MB; Madey, SM; and Bottlang, M: Depth-dependent Strain of Patellofemoral Articular Cartilage in Unconfined Compression. Journal of Biomechanics: 38(4): 667-72, 2005.

Reid, JB; Guttman, D; Ayala, M; and Lubowitz, JH: Minimally Invasive Surgery: Total Knee Arthroplasty. Arthroscopy: 20(8): 884-9, 2004.

Orfaly, RM; and Reid, JB: Anterior Instability Repair: Open Technique. Surgical Techniques in Orthopaedics: Anterior Glenohumeral Instability on DVD-Video, Nichols, G (ed.), AAOS, Rosemont, IL, 2002

Schuetze, N; Reid, JB; Sommers, MB; Sigg, J; Bottlang, M: Non-Invasive Quantitative Compliance Scanning of Articular Surfaces. Proceedings of the 46<sup>th</sup> Orthopaedic Research Society: 444, 2001

Heuer, F; Sommers, MB; Reid, JB; Bottlang, M: Estimation of Cartilage Thickness from Joint Surface Scans: Comparative Analysis of Computational Methods. Proceedings of the American Society of Mechanical Engineers Annual Meeting, BED 50: 569-570, 2001

Brenneke, SL; Reid, JB; Ching, RP; and Wheeler, DL: Glenohumeral kinematics and capsulo-ligamentous strain resulting from laxity exams. Clinical Biomechanics: 15:735-742, 2000

## **Presentations and Posters**

Reid, JB: Clavicle Fractures in the Alpine Athlete. Current Controversies in Orthopaedic Trauma. Southwest Orthopaedic Trauma Association Annual Meeting. Albuquerque, NM (May, 2016); Taos Ski Patrol Continuing Education Meeting. Taos Ski Valley, NM (November, 2016)

Reid, JB: Anterolateral Ligament; Form, Function, and Reconstruction. University of New Mexico Department of Orthopaedic Surgery Grand Rounds. Albuquerque, NM (October, 2015)

Reid, JB: Orthopaedic Trauma and Stabilization. Taos Ski Patrol Continuing Education Meeting. Taos Ski Valley, NM (November, 2014)

Reid, JB: Acute Stabilization and Regional Resources for Orthopaedic Emergencies. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2013)

Reid, JB: Orthopaedic Emergencies and Acute Management. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2012)

Reid, JB: Orthopaedic Emergencies and Acute Management. Enchanted Circle Emergency Medical Services Conference, Red River, NM (September, 2012)

Reid, JB: Knee Arthritis and Recent Advancements. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2011)

Reid, JB: Physical Examination of Knee Instability. Rocky Mountain Athletic Trainers' Association Annual Meeting, Albuquerque, NM (April, 2011)

Reid, JB: Remaining Active with Arthritis. New Mexico Senior Olympics, Senior Trek to Healthy Fitness, Taos, NM (April, 2011)

Reid, JB: Orthopaedic Emergencies and Acute Management. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2006)

Centeno, JM; Woolf, SK; Guttman, D; Reid, JB; and Lubowitz, JH: Is Autologous Chondrocyte Implantation Literature Commercially Biased? International Cartilage Repair Society (ICRS) Annual Meeting, San Diego, CA (January 2006); European Society of Sports traumatology, Knee surgery and Arthroscopy (ESSKA) Biannual Meeting, Innsbruck, Austria (May 2006)

Centeno, JM; Woolf, SK; Guttman, D; Reid, JB; and Lubowitz, JH: Does Routine Culture of Allograft Tissue for ACL Reconstruction Effect Clinical Practice? European Society of Sports traumatology, Knee surgery and Arthroscopy (ESSKA) Biannual Meeting, Innsbruck, Austria (May 2006)

Webb, D; Guttman, D; Reid, JB; Cawley, P; and Lubowitz, JH: Randomized Controlled Trial Comparing Interscalene Nerve Block Versus Continuous Infusion Local Anesthetic Pump for Outpatient Arthroscopic Rotator Cuff Repair. Arthroscopy Association of North America (AANA) Annual Meeting, Hollywood, FL (May 2006); European Society of Sports traumatology, Knee surgery and Arthroscopy (ESSKA) Biannual Meeting, Innsbruck, Austria (May 2006)

Reid, JB: Preservation and Restoration of the Skier's Knee. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2005)

Reid, JB: Minimally Invasive Surgery Total Knee Arthroplasty and Computer Assist Surgery. Northwest Orthopaedic Group Annual Meeting, Hood River, OR (September, 2004)

Reid, JB; Guttman, D; Ayala, M; and Lubowitz, JH: Meniscus Transplantation in Patients with Grade IV Chondromalacia. Arthroscopy Association of North

America 2004 Annual Meeting, Orlando, FL (April, 2004); Arthroscopy Association of North America 2005 Annual Meeting, Vancouver, B.C. (May, 2005); International Society of Arthroscopy, Knee surgery and Orthopaedic Sports Medicine (ISAKOS) Biannual Meeting, Hollywood, FL (May 2005); European Society of Sports Traumatology, Knee surgery and Arthroscopy (ESSKA) Biannual Meeting, Innsbruck, Austria (May 2006)

Reid, JB: Shoulder Injuries and Their Management. Taos Ski Patrol Continuing Education Meeting, Taos Ski Valley, NM (November, 2003)

Erne, OK; Reid, JB; Ehmke, LW; and Bottlang, M: Depth-Dependent Relaxation of Articular Cartilage in Unconfined Compression. 27<sup>th</sup> Annual Meeting of American Society of Biomechanics, Toledo, OH (September, 2003)  
*2003 ASB Microstrain Award*

Reid, JB; Erne, OK; and Bottlang, M: Characteristic Strain Patterns across Patellofemoral Articular Cartilage. Beals Lecture, Portland, OR (May, 2003)  
*2003 Rodney K. Beals Resident Research Award*

Erne, OK; Reid, JB; and Bottlang, M: Offset-Strain and Depth-Dependent Strain Distribution across Articular Cartilage. Orthopaedic Research Society, New Orleans, LA (February, 2003)

Reid, JB; Lynch, JR; Colville, MR, and Motamedi, MR: Alpine Sports Injuries: A Comparison of Injury Pattern and Fracture Risk Between Downhill Skiers and Snowboarders. North Pacific Orthopaedic Society Annual Meeting, Portland, OR (August, 2002)  
*2002 Frank B. Smith Memorial Resident Research Award*

Erne, OK; Ehmke, L; Reid, JB; and Bottlang, M: Full-Field Strain Measurement over Articular Cross-Sections with Electronic Speckle Pattern Interferometry. IV World Congress of Biomechanics, Calgary, Alberta, Canada (August, 2002)

Orfaly, RM; and Reid, JB: Anterior Instability Repair: Open Technique (Video). 69<sup>th</sup> Annual Meeting of the AAOS, Dallas, TX (February, 2002)  
AAOS The Shoulder in 2001: An Open and Arthroscopic Odyssey, Rosemont, IL (July, 2001)

Heuer, F; Sommers, MB; Reid, JB; Bottlang, M: Estimation of Cartilage Thickness from Joint Surface Scans: Comparative Analysis of Computational Methods. American society of Mechanical Engineering 2001 Summer Bioengineering Conference, Snowbird, UT (June, 2001)

Schuetze, N; Reid, JB; Sommers, MB; Sigg, J; Bottlang, M: Non-Invasive Quantitative Compliance Scanning of Articular Surfaces. 46<sup>th</sup> Orthopaedic Research Society, San Francisco, CA (February, 2001)

Krieg, JC; and Reid, JB; and Green, J: Synthes Instructional Video: Humeral Nail a Comparison of Surgical Approach. Advanced Trauma Course: Shoulder Expert Group, Davos, Switzerland (December, 2000)

Reid, JB; Brenneke, SL; Herzberg, A; and Lynch, JR: Biomechanical Evaluation of Anatomic Bankart Repair. North Pacific Orthopaedic Society Annual Meeting, Blain, WA (September, 2000)

### **Interests**

Skiing, mountain biking, cooking, automobile restoration and photography