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Director, Taos Orthopaedic Institute, Taos Orthopaedic Institute Research Foundation (TOIRF), and Taos Orthopaedic Institute Sports Medicine Fellowship Training Program.

Assistant Editor-in-Chief, Arthroscopy: The Journal of Arthroscopic and Related Surgery. Associate Editor, 2002-2006. Editorial Board, 2001. Reviewer, 1997-2000.

Editor-in-chief, International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) Newsletter. Board of Editors, 2005-2006.

Reviewer, Knee Surgery, Sports Traumatology, Arthroscopy.

Asesores Honorificos, Revista Latinoamericana de Arthroscopia.

Clinical Assistant Professor, Department of Orthopaedic Surgery, University of New Mexico School of Medicine.

Adjunct Clinical Instructor and Clinical Preceptor. Pacific University, School of Physician Assistant Studies.

Medical Staff, United States Ski and Snowboard Team.

Head Orthopaedic Physician, New Mexico Highlands University.

Orthopaedic Consultant, Taos Ski Patrol, Red River Ski Patrol, Angel Fire Ski Patrol.

Research Committee (Chairman), Education Committee, Committee on Committees (emeritus), Nomination Committee (emeritus), Young Members Development Task Force (Founding Chairman emeritus), Technology Committee (emeritus), Bylaws Committee (emeritus), Active Member. Arthroscopy Association of North America (AANA).

Program Committee, ACL Study Group.

Member, American Academy of Orthopaedic Surgeons (AAOS); AANA, ISAKOS; International Cartilage Repair Society (ICRS);

European Society of Sports Medicine, Knee Surgery and Arthroscopy (ESSKA); New Mexico Orthopaedic Association; Western Orthopaedic Society, ACL Study Group.

Diplomate, American Board of Orthopaedic Surgery.

BACKGROUND:

Orthopaedic Sports Medicine Fellow, Thomas Jefferson University / Lankenau Hospital / Rothman Institute Pennsylvania Hospital, Philadelphia, PA. 1993-1994.

Assist in coverage of Philadelphia Phillies, Wings, Freedom, and Flyers.

Chief Resident, UCLA Department of Orthopaedic Surgery, Los Angeles, CA. 1992-1993. Resident, UCLA Department of Orthopaedic Surgery, 1990-1992. Intern, UCLA Department of Surgery, 1989.

EDUCATION:

University of Pennsylvania School of Medicine, Philadelphia, PA. M.D. 1988. First Vice Chairman, Graduate and Professional Student Association.

Harvard College, Cambridge, MA. B.A. 1984. Phi Beta Kappa. Magna Cum Laude. John Harvard Scholar. Co-Captain of intercollegiate champions in varsity squash, All-Ivy League, All-American honorable mention.

William Penn Charter School, Philadelphia, PA. 1980. Phi Beta Kappa. National Merit Scholar. Philadelphia Science Council Prize. Captain of varsity squash, All-Interacademic League.

AWARDS:

“Operative versus non-operative treatment of anterior cruciate ligament rupture in patients greater than 40 years of age. An expected values decision analysis.” Richard O’Connor Award. AANA Annual Meeting, 2008.

“Do ACL Allograft Culture Results Correlate with Clinical Infections?” John Joyce Award Finalist. ISAKOS Biennial Congress, 2007.

“Factors Effecting Tissue Effect of Thermal Chondroplasty.” Richard O’Connor Award. AANA Annual Meeting, 2005.

“Video Informed Consent Improves Knee Arthroscopy Patient Comprehension.”

AANA/Smith and Nephew Endoscopy Fellow Research Prize
(Corresponding Author). 2004.

Reviewer of the Year–First Runner Up. Arthroscopy: The Journal of
Arthroscopic and Related Surgery. 2000.

“Does Inferior Capsular Shift Reduce Shoulder Volume?”
First Prize. Philadelphia Orthopaedic Society for Sports Medicine
Research Competition. 1994.

“Cost-Effective Use of MRI.”
Wilbur Weston Prize. Shriners Hospital of Los Angeles Research
Competition. 1993.

“Ligamentous Anatomy of the Medial Carpal Region.”
Best Presentation – Clinical Science Category. American Association
for Surgery of the Hand. 1990.

“Metabolic Response to Exercise – Fuel Metabolism During Severe
Rowing.”
American Heart Association Research Prize. 1986. NIH Student
Research Grant. Summer 1985.

COURSE FACULTY/PRESENTER:

Annual Meeting Faculty/ICL Faculty/Arthroscopy Journal Course for
Writers and Reviewers Faculty/or Presenter. AANA Annual
Meeting. Washington, DC. April, 2008. San Francisco, CA. April,
2007. Hollywood, FL. May, 2006. Vancouver, BC, Canada. May,
2005. Orlando, FL. April, 2004. Scottsdale, AZ. April, 2003.
Washington, DC. April, 2002. Orlando, FL. May, 1998. San
Diego, CA. April, 1997.

Faculty/Lab Chairman/Lab Instructor/or Associate Master Instructor.
AANA Fall Course/AANA Winter Meeting/ or AANA OLC Course.
Orlando, FL, November 2007. Whistler, BC, Canada, January,
2007. Palm Springs, CA, November, 2006. Scottsdale, AZ,
December, 2005. Palm Springs, CA, December, 2004. New
Orleans, LA, November, 2003. Rosemont, IL. January, 2003.

Presenter. AAOS Annual Meeting. San Diego, CA. February, 2007.
Washington, DC. February, 2005.

ISAKOS Biannual Meeting Faculty or Presenter. Florence, Italy.
May, 2007. Hollywood, FL. April, 2005. Buenos Aires, Argentina.
May, 1997.

ESSKA Biannual Meeting Faculty and Presenter. Innsbruck, Austria.
May, 2006.

Sociedad Latinoamericana de Arthroscopia, Rodilla y Traumatología
Deportiva (SLARD) Segundo Congreso Faculty. Iguacu Falls,

Brazil, August, 2006.

Presenter/Moderator. ACL Study Group. Engelberg, Switzerland, March, 2008. Kona Hawaii, March, 2006. Cagliari, Sardinia, Italy. June, 2004.

Windsor Current Concepts Symposium on Knee Surgery Faculty. London, England, April, 2008.

Panther Global Summit: Anatomic Double Bundle ACL Reconstruction Faculty. University of Pittsburgh School of Medicine. Pittsburgh, PA. February, 2008.

South African Knee Society Annual Meeting Faculty. Cape Town, South Africa, August, 2007.

Boston University Sportsmedicine Course Faculty, Martha's Vineyard, MA. August, 2007.

Association of Ski Defense Attorneys Annual Meeting Faculty, Steamboat Springs, CO. March, 2007.

International Congress of the Mexican College of Arthroscopy and Surgery of the Knee Faculty, Cancun, Mexico. October, 2006.

Boston Sportsmedicine and Shoulder Course Faculty, Boston, MA. October, 2006.

International Advanced Course on Surgical Knee Arthroscopy, Tours, France, September, 2006.

Course Director. TOIRF Sports Medicine Update for Primary Care Providers, Santa Fe, NM, May, 2007. Taos, NM, July, 2005. July, 2004. Taos Advanced Arthroscopy Course. Taos, NM. March 2004.

Course Director. Taos Visiting Professor and Fellow Alumni Meeting. Taos, NM, February, 2008 (Freddie Fu, Visiting Professor), March, 2007 (Gary Poehling), March 2006 (Brian Cole), March 2005 (David McGuire), April 2004 (Steve Burkhart), April 2003 (Don Johnson).

Update in Knee Arthroscopy and Arthroplasty Faculty. Santiago, Chile, September, 2006.

Chilean Congress of Orthopaedics and Traumatology Faculty. Vina del Mar, Chile. November, 2005.

The Knee from A to Z International Sports Medicine and Knee Arthroplasty Meeting Faculty. Athens, Greece. September, 2005.

ISAKOS: Knee Workshop Course Faculty. Buenos Aires, Argentina. June, 2005.

Advances in Sports Medicine and Trauma Meeting Faculty, Santa Fe, NM, January, 2005.

FIFA (International Soccer Federation) Medical Congress Faculty, Cancun, Mexico, November, 2004.

Smith and Nephew Orthopaedics Current Concepts in Joint Replacement Course Faculty, St Louis, MO. March 2007. Orlando, FL, July, 2006. Las Vegas, NV. May, 2006. Memphis, TN. August, 2005. New Orleans, LA. June, 2005. Las Vegas, NV. April, 2005. Scottsdale, AZ. July, 2005, January, 2005, August, 2004.

ISAKOS: Cartilage Course Faculty. Sao Paolo, Brazil. July, 2004.

ICRS Biannual Meeting Faculty. Warsaw, Poland, September, 2007. San Diego, CA, January, 2006. Ghent, Belgium, May, 2004.

Baylor Sportsmedicine and Trauma Course Faculty, Dallas, TX, May, 2004.

Arthrex Worldwide Surgeons Meeting Faculty, Naples, FL, January 2004.

Presenter/Moderator/or Participant. Meniscus Transplant Study Group. San Diego, CA, February, 2007. Chicago, IL, March, 2006. Washington DC, February, 2005. San Francisco, CA, March 2004.

UNM Carrie Tingley Winter Pediatric Musculoskeletal Seminar Faculty. Albuquerque, NM. February, 2008. January, 2004.

Hips and Knees in Cabo Faculty. San Juan de Cabo, Mexico, June 2003.

ACTIVITIES:

Visiting Professor:

Clinical Hospital of the University of Chile, Department of Orthopaedics and Traumatology. Santiago, Chile. September, 2006.

National Institute of Rehabilitation, Department of Orthopaedic Surgery. Mexico City, Mexico. April, 2006.

University of Pittsburgh School of Medicine, Department of Orthopaedic Surgery. Pittsburgh, PA. October, 2005.

University of Ioannina Medical School, Department of Orthopaedic Surgery. Ioannina, Greece. September, 2005.

University of New Mexico School of Medicine. Department of Orthopaedic Surgery. Albuquerque, NM. March, 2000.

University of Texas School of Medicine, Department of Orthopaedic Surgery. El Paso, TX. October, 1996.

Chairman, Medical Education Committee, Holy Cross Hospital, Taos, NM. 1994-2000.

UCLA Medical Center Risk Management Committee. Los Angeles, CA. 1991-1993.

PUBLICATIONS:

Lubowitz J, Poehling G. Methicillin-resistant Staphylococcus aureus. Arthroscopy 2008;24:497-99.

Lotto M, Wright E, Appleby D, Zelicof S, Lemos M, Lubowitz J. Ex vivo comparison of mechanical versus thermal chondroplasty: assessment of tissue effect at the surgical endpoint. Arthroscopy 2008;24:410-15.

Lubowitz J, Poehling G. Supermarket hip is no april fooling. Arthroscopy 2008;24:375.

Lubowitz J, Poehling G, Burkhart S. Rules of the game: institutional review boards. Arthroscopy 2008;24:373-4.

Lubowitz J, Poehling G. Do basic science articles have clinical relevance? Arthroscopy 2008;24:249-50.

Pavlovich R, Lubowitz J. Current concepts in synovial tissue in the knee joint. Orthopaedics 2008;31:160-3; quiz 164-5.

Lubowitz J, Poehling G. Don't know much biology: redux. Arthroscopy 2008;24:127-9.

Lubowitz J, Bernardini B, Reid J. Current concepts review: comprehensive physical examination for instability of the knee. Am J Sports Med. 2008;36:577-94.

Lubowitz J. Cutting edge research advances anticipated in Osaka. ISAKOS Newsletter—Winter 2008;3.

Lubowitz J, Ayala M, Appleby D. Return to activity after knee arthroscopy. Arthroscopy 2008;24:58-61.

Poehling G, Lubowitz J, Brand R, Buckwalter J, Wright T, Canale S, Cooney W, D'Ambrosia R, Frassica F, Grana W, Heckman J, Hensinger R, Thompson G, Koman L, McCann P, Thordarson D. Patient care, professionalism, and relations with industry. Arthroscopy 2008;24:4-6 (and Brand et al. in Clin Orthop Relat Res 2008;466:517-9 and Orthopedics 2008;31:11-12 and J Orthop Trauma 2008;22:79-80 and J Am Acad Orthop Surg 2008;16(1):1-3).

Lubowitz J, Poehling G. A New Year. Arthroscopy 2008;24:2-3.

Lubowitz J, Poehling G. Medical literature ahead: proceed with caution. Arthroscopy 2007;23:1255-1256.

Lubowitz J, Poehling G. The research effort. Arthroscopy 2007;23:1143-1144.

Lubowitz J. "Cultural confidence." ISAKOS Newsletter—Spring 2007;2.

Lubowitz J, Poehling G. "The introduction should create reader interest." Arthroscopy 2007;23:1031-1032.

Centeno J, Woolf S, Reid J, Lubowitz J. "Do Anterior Cruciate Ligament Allograft Culture Results Correlate With Clinical Infections?" Arthroscopy 2007;23:1100-1103.

Lubowitz J. "Management of partial thickness cartilage defects." Audio-Digest: Orthopaedics 2007;30:Track 5.

Webb D, Guttman D, Cawley P, Lubowitz J. "Continuous infusion of a local anesthetic versus interscalene block for postoperative pain control after arthroscopic shoulder surgery." Arthroscopy 2007;23:917-918.

Lubowitz J, Poehling G. "Good time for a bad shoulder." Arthroscopy 2007;23:1006-1011.

Lubowitz J, Sahasrabudhe A, Appleby D. "Minimally invasive surgery in total knee arthroplasty: The learning curve." Orthopaedics 2007;30 S: 80-82.

Lubowitz J, Poehling G. "Clinically relevant articles of high levels of evidence are required to change surgical practice." Arthroscopy 2007;23:803.

Lubowitz J, Appleby D, Centeno J, Woolf S, Reid J. "The Relationship Between the Outcome of Studies of Autologous Chondrocyte Implantation and the Presence of Commercial Funding." American Journal of Sports Medicine 2007 Jul 19; [Epub ahead of print]

Lubowitz J, Poehling G. "Glenohumeral thermal capsulorrhaphy is not recommended-shoulder chondrolysis requires additional research." Arthroscopy 2007;23:687.

Lubowitz J, Poehling G. "Arthroscopic rotator cuff repair: Onward the row." Arthroscopy 2007;23:571-572.

Lubowitz J, Poehling G. "Arthroscopy: The future." Arthroscopy 2007;23:453-454.

Authors' reply: re Letter: re "Randomize, then consent: a strategy for improving patient acceptance of participation in randomized controlled trials." Arthroscopy 2007;23:568.

Richmond JC, Lubowitz J, Poehling G. "Duplicate publication and republication in a second language." Arthroscopy 2007;23:337-339.

Wolf S, Guttman D, Karch M, Graham R, Reid J, Lubowitz J. "The superior-medial shoulder arthroscopy portal is safe." Arthroscopy 2007;23:247-250.

Lubowitz J, Poehling G. "Arthroscopy, anatomy, and translational research." Arthroscopy 2007;23:233-234.

Lubowitz J, Verdonk P, Reid J, Verdonk R. "Meniscus allograft transplantation: a current concepts review." Knee Surgery Sports Traumatology Arthroscopy 2007;15:476-492.

Guttman D, Appleby D, Lubowitz J. "Learning arthroscopic rotator cuff repair does not compromise patient outcome: a concise follow-up report." ISAKOS Newsletter—Winter 2007;12-14.

Lubowitz J, Elson W, Guttman D. "Fractures—Tibial plateau, distal femur, patella, avulsions of the intercondylar eminence, osgood-schlatters disease." In: Johnson D, Pedowitz R, eds. Practical orthopaedic sports medicine & arthroscopy. Philadelphia: Lippincott Williams & Wilkins, 2007.

Lubowitz J, Poehling G. "Shoulder instability: surgical versus nonsurgical treatment." Arthroscopy. 2007;23:117.

Lubowitz J, Poehling G. "Arthroscopy and antibiotics." Arthroscopy. 2007;23:1-3.

Lubowitz J, Vance K, Ayala M, Guttman D, Reid J. "Interference screw technique for arthroscopic reduction and internal fixation of compression fractures of the tibial plateau." Arthroscopy. 2006;22:1359.e1-3.

Lubowitz J, Poehling G. "Hip arthroscopy: an emerging gold

standard." Arthroscopy. 2006;22:1257-1259.

Lotto M, Lu Y, Mitchell M, Wright E, Lubowitz J, Markel M. "An ex vivo thermal chondroplasty model: the association of a char-like layer and underlying cell death." Arthroscopy. 2006;22:1159-1162.

Lubowitz JH. "Partial-Thickness Articular Cartilage Defects: Evaluation and Treatment." Oper Tech Orthop. 2006;16: 227-231.

Lubowitz J, Poehling G. "Publication bias." Arthroscopy. 2006;22:1031-1032.

Gobbi A, Francisco R, Lubowitz J, Allegra F, Canata G. "Osteochondral lesions of the talus: randomized controlled trial comparing chondroplasty, microfracture, and osteochondral autograft transplantation." Arthroscopy. 2006;22:1085-1092.

Lubowitz J. "Randomize, then consent: a strategy for improving patient acceptance of participation in randomized controlled trials." Arthroscopy. 2006;22:1007-1008.

Lubowitz J. "No-tunnel anterior cruciate ligament reconstruction: the transtibial all-inside technique." Arthroscopy. 2006;22:900.e1-11.

Mitchell M, Kidd D, Lotto M, Lorang D, Dupree D, Wright E, Lubowitz J. "Determination of factors influencing tissue effect of thermal chondroplasty: an ex vivo investigation." Arthroscopy. 22:351-5 (2006).

Lubowitz J. "Introducing Level V Evidence to Arthroscopy journal." Arthroscopy. 22: 237 (2006).

Lubowitz J, Elson W, Guttman D. "Complications in the treatment of medial and lateral sided injuries of the knee joint." Sports Medicine & Arthroscopy Review. 2006;14:51-55.

Stuart M, Lubowitz J. "What, if any, are the indications for arthroscopic debridement of the osteoarthritic knee?" Arthroscopy. 22: 238-239 (2006).

Lubowitz J. "Thermal modification of the lax anterior cruciate ligament using radiofrequency: efficacy or catastrophe?" Knee Surg Sports Traumatol Arthrosc. 13: 432-436 (2005).

Rossi M, Guttman D, MacLennan M, Lubowitz J. "Video informed consent improves knee arthroscopy patient comprehension."

Arthroscopy. 21: 739-743 (2005).

Guttman D, Graham R, MacLennan M, Lubowitz J. "Arthroscopic rotator cuff repair: the learning curve." Arthroscopy. 21: 394-400 (2005).

Lubowitz, J, Elson, W, Guttman, D. "Part II: Arthroscopic treatment of tibial plateau fractures: intercondylar eminence avulsion fracture." Arthroscopy. 21: 86-92 (2005).

Lubowitz, J, Elson, W, Guttman, D. "Part I: Arthroscopic management of tibial plateau fractures." Arthroscopy. 20: 1063-1070 (2004).

Reid, J, Guttman, D, Ayala, M, Lubowitz, J. "Minimally invasive surgery—total knee arthroplasty." Arthroscopy. 20: 884-889 (2004).

Lubowitz, J, Rossi, M, Baker, B and Guttman, D. "Arthroscopic visualization of the posterior compartments of the knee." Arthroscopy. 20: 675-680 (2004).

Lubowitz, J. "Understanding Evidence-Based Arthroscopy." Arthroscopy. 20:1-3 (2004).

Lubowitz, J and Guttman, D. "Letter Re.: The Fixation Strength of Six Hamstring Tendon Graft Fixation Devices in Anterior Cruciate Ligament Reconstruction: Parts I and II." American Journal of Sports Medicine. 31:811 (2003).

Rossi, M, Lubowitz, J and Guttman, D. "The Skier's Knee." Arthroscopy. 19: 75-84 (2003).

Lubowitz, J. "Letter Re.: A Controlled Trial of Arthroscopic Surgery for Osteoarthritis of the Knee." Arthroscopy. 19: 950-1 (2002).

Rossi M, Lubowitz J, and Guttman D. "Letter Re.: Development and Validation of the International Knee Documentation Committee Subjective Knee Form." American Journal of Sports Medicine. 30:152 (2002).

Baker B and Lubowitz J. "Meniscus Injuries." E-Textbook of Medicine. (revised 2008). Accessed at: <http://www.emedicine.com/sports/topic160.htm>.

Lubowitz, J et al. "How Much Does Inferior Capsular Shift Reduce Shoulder Volume?" Clinical Orthopaedics. 328: 86-90 (1996).

- Emig E, Schweitzer M, Karasick D, and Lubowitz J. "Adhesive Capsulitis of the Shoulder: MR Diagnosis." American Journal of Roentgenology. 164:1457-9 (1995).
- Lubowitz, J and Grauer, J. "Arthroscopic Treatment of Anterior Cruciate Ligament Avulsion." Clinical Orthopaedics. 294:242- 246 (1993); and Year Book of Sports Medicine. Mosby-Year Book, Inc., Chicago, 1994.
- Davis, C, Lubowitz, J and Thordarson, D. "Midtarsal Fracture Subluxation." Clinical Orthopaedics. 292:264-268 (1993); and Year Book of Podiatric Medicine and Surgery. Mosby-Year Book, Inc., Chicago, 1994.
- Lubowitz, J, Rose, N and Thomas, B. "Improved Tibial Fixation With Delayed Tourniquet Release." Journal of Orthopaedic Techniques. 1:53-54 (1993).
- Seeger, L, Lubowitz, J and Thomas, B. "Case Report 815: Tear of the Rotator Interval." Skeletal Radiology. 22:615-617 (1993).
- Lubowitz, J and Meals, R. "Osgood-Schlatter's Disease and Patellofemoral Syndrome." In Meals, R: One Hundred Orthopaedic Conditions Every Doctor Should Understand. Quality Medical Publishing, Inc. St. Louis, MO. 1992. 2nd Edition, 2006.
- Lubowitz, J and Lesavoy, M. "Ligamentous Anatomy of the Medial Carpal Region." Orthopaedic Review. 22(10): 1129-1134 (1992).
- Lubowitz, J and Hoyt, R. "Metabolic Response to Exercise- Fuel Metabolism During Severe Rowing." Fed.Proc. 45:646 (1986). Abstr. 2855.